

## Take control



## Manage your diabetic conditions with ease

Everyone's experience with diabetes is different. With the Innovation Health Diabetes Management program, we deliver the right support to you at every step — no matter where you are in your health journey.

This program takes the guesswork out of diabetes management. We offer the support and tools you need to help you easily manage your health. Because with the right support, we believe you can do well.

1632926-01-01 (11/22) InnovationHealth.com

## It's time to take charge of your health

We're here to help — with the Innovation Health Diabetes Management program. The program is available to you and your eligible family members covered under your Innovation Health plan.\* Our program will support you wherever you are on your diabetic health journey with services\*\* like:

- Seamless care coordination between you, your primary care provider, and an Innovation Health nurse concierge, which improves your quality of care and health costs
- Virtual or in-person access to a series of two one hour classes to review diet, activity, medication and blood glucose monitoring
- Diabetes education around endocrinology, insulin management, medical nutrition therapy, and continuous glucose monitoring
- A custom care team, including a personalized health coach, who creates an individualized care plan that will help you motivate, educate and track your health care journey.



To enroll or learn more about our unique diabetes management program, call our Nurse Concierge line at 571-421-2810

InnovationHealth.com



\*Clinical coordination support from Innovation Health care management teams (Nurse Concierge or Multi-Disciplinary Care Team) is covered at no additional cost to you.

\*\*Types of services available will depend upon your individual diabetic health needs. Speak with an Innovation Health Nurse Concierge to learn more about which services are available to you.

Innovation Health is the brand name used for products and services provided by Innovation Health Insurance Company and Innovation Health Plan, Inc. Health benefits and health insurance plans are offered and/or underwritten by Innovation Health Insurance Company and Innovation Health Plan, Inc. (Innovation Health). Innovation Health is an affiliate of Inova and Aetna Life Insurance Company and its affiliates (Aetna). Aetna provides certain management services to Innovation Health. Each insurer has sole financial responsibility for its own products.

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain coverage. Health benefits and health insurance plans contain exclusions and limitations. Providers are independent contractors and not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Information is believed to be accurate as of the production date; however, it is subject to change. Physicians on the medical staff practice independently and are not agents or employees of the hospital or Innovation Health. For more informations, refer to innovation health. Securate as of the production date; however, it is subject to change. Physicians on the medical staff practice independently and are not agents or employees of the hospital or Innovation Health. For more information, refer to InnovationHealth.com.

© 2022 Innovation Health Insurance Company and Innovation Health Plan, Inc. 1632926-01-01 (11/22)