

# Plan now for when you have health concerns.

Check out your options for care so you know where to go.



Understanding your care options can help you save time, money and ensure you get the right care.



#### Virtual Care

Telehealth services provide care from medical experts who conduct appointments through video, mobile applications or audio. Telehealth can support both acute and chronic conditions such as allergies, infections, diabetes and even behavioral health services.

For an extensive list of providers in your network, please call the Innovation Health member service number on the back of your ID card or visit your member portal.



## **Primary Care Physician**

Feeling under the weather? Whether it be a cold, headache or chronic condition, your Primary Care Physician (PCP) can help. Your PCP can direct you to the right point of care, schedule an in-office visit or even have a telehealth appointment to assist you.

Don't have a PCP? Call our Innovation Health 24-hour Nurse Line at 800-556-1555 for help finding the right one for you.



## MinuteClinic® and CVS® HealthHUB™

If you cannot get in touch with your PCP and need a same-day appointment, visit your local walk-in MinuteClinic. MinuteClinics can support mild to moderate conditions, such as rash, cold or flu-like symptoms and ear infections. CVS HealthHUB locations offer expanded services from MinuteClinic, including management of certain chronic conditions. A professional care team can help you every step of the way.

MinuteClinic and CVS HealthHUB locations are open seven days a week, including evenings and weekends. You can schedule appointments beforehand online. Find a location by using the provider search tool in your member portal, through the Innovation Health website, or call our 24-hour Nurse Line at 800-556-1555.



## **Urgent Care**

When you cannot reach your PCP or access a walk-in clinic, visit your local urgent care. Urgent care centers can offer imaging or lab testing, as well as support for cuts, wounds, sprains, nausea and more.

Find a local, in-network urgent care clinic using the provider search tool in your member portal, through the Innovation Health website or call our 24-hour Nurse Line at 800-556-1555.



If you are experiencing a life-threatening emergency, call 911 or visit your local emergency room immediately



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